

# INFERTILITY EVALUATION

## DEFINITION:

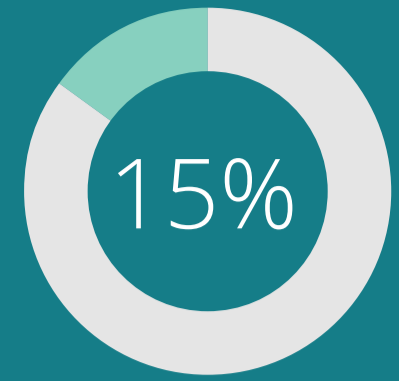
INFERTILITY IS "A CONDITION OF THE REPRODUCTIVE SYSTEM DEFINED BY THE FAILURE TO ACHIEVE A CLINICAL PREGNANCY AFTER 12 MONTHS OR MORE OF REGULAR UNPROTECTED SEXUAL INTERCOURSE."

## WHO SHOULD SEE AN INFERTILITY SPECIALIST?

TRIED TO GET PREGNANT FOR OVER 12 MONTHS & UNDER 35 YEARS OLD

OR

TRIED TO GET PREGNANT FOR OVER 6 MONTHS & OVER 35 YEARS OLD



Over 12 months about **15 percent** of healthy young couples will have difficulty achieving pregnancy. It's important to note that this number begins to increase beginning in a woman's early thirties, and increases even more after age thirty-five.



## PROCESS OF INFERTILITY TREATMENTS



### FERTILITY EVALUATION & MEDICAL HISTORY EVALUATION

At your appointment a specialist will go through both partners' medical histories. You and your partner will be asked to describe your reproductive history details. We will inquire about your lifestyle including medications, alcohol, drugs, tobacco, diet and stress levels. Your specialist will guide you towards the right diagnostic testing options.

### DIAGNOSTIC TESTING & EVALUATION

Multiple factors can affect a couple's ability to conceive. We use the diagnostic procedures below to determine a diagnosis and the best treatment option for you.

Semen Analysis  
Ultrasonography  
Hormonal Evaluation  
Endometrial Evaluation

Sonohysterogram  
Hysteroscopy  
Hysterosalpingogram  
Ovarian Reserve Testing

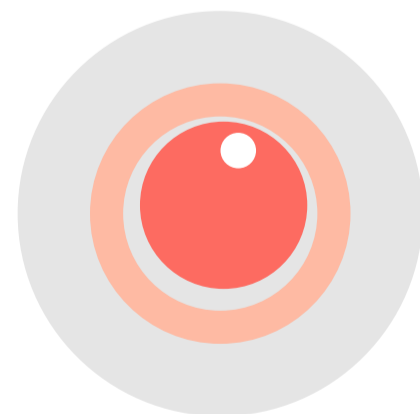
### INFERTILITY TREATMENT PROCEDURE OPTIONS

In Vitro Fertilization  
Pre-Implantation Genetic Diagnosis and Screening  
Frozen Embryo Transfer

Egg Freezing/ Fertility Preservation  
Oncofertility (Cancer and Fertility)  
Intrauterine Insemination

### OTHER TREATMENTS

When conventional fertility treatments have been exhausted, third party reproduction and adoption may be alternatives to consider. Introducing Integrative Medicine such as Acupuncture has also been successful in yielding positive outcomes.



### THIRD PARTY REPRODUCTION

Egg Donation  
Sperm Donation  
Embryo Donation  
Gestational Carrier/ Surrogacy



### ADOPTION

